

Island Experiences

Massage Therapies

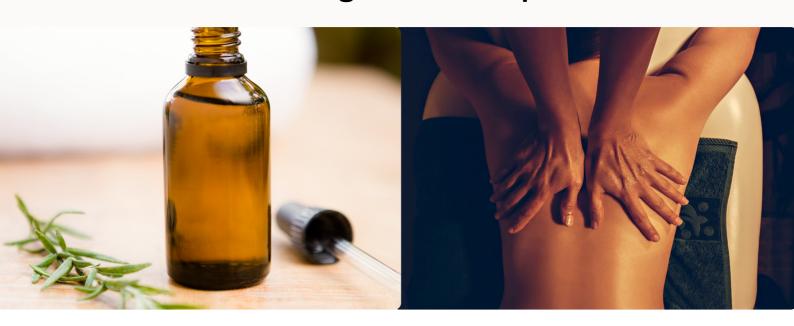
Well-being treatments in the privacy of your own villa.





Island Experiences

Massage Therapies



Relaxing body massage, aromatherapy, foot reflexology and facial massages to promote a feeling of well-being in body and mind, personalized to a client's preferences and needs.

Treatment

RELAXING MASSAGE - 60 MINS

From €100

A soft treatment for muscle tension and stress to promote a general relaxation.

RELAXING MASSAGE - 90 MINS

From €180

Full body massage to relieve day-to-day tensions and reduces stress. Increases well-being, tranquility and relaxation.

DEEP TISSUE MASSAGE - 60 MINS

From €100

Focuses on the deep muscles and is more intense than a relaxing massage. Ideal for athletes and those who suffer from chronic pain and stiffness.

LOMI LOMI MASSAGE - 60 MINS

From €125

Traditional Hawaiian massage providing a pleasant sensation of relaxation and well-being.

Massage Therapies



WELLNESS RITUAL - 75 MINS

From €160

A sensory and relaxing ritual by nature that deeply restores, detoxifies and nourishes the skin. Feel the exclusivity of the benefits that island salts bring to the skin. Treatment consists of body peeling based on natural salts and organic oils and sensory massage with aromatherapy.

TONING TFA - 60 MINS

From €140

Body massage with a high load of theine and minerals. Made with green tea or black tea. Ideal for perfect, nourished and repaired skin.

LYMPHATIC DRAINAGE - 45 MINS

From €110

Precise treatment of the lymphatic system indicated to eliminate toxins, fluids and improve circulation. Ideal for tired legs, with fluid retention and feeling of heaviness.

LEG & FOOT MASSAGE - 60 MINS

From €100

For tired and sore legs and feet, improves circulation and relaxation, using Thai massage techniques, stretching, pressure, and aromatherapy; if desired.

FOOT REFLEXOLOGY - 60 MINS

From €125

Therapeutic technique derived from Chinese medicine that consists of applying pressure on reflex points to stimulate relaxation and restore physical and psychological balance. Reduces stress and improves widespread well-being.

Island Experiences

Massage Therapies



FACIAL NUTRISSE - 60 MINS

From €100

Facial hygiene + massage. Detoxifies, removes impurities and dead cells. Ideal for nourishing the skin and repairing.

FACIAL PREMIUM DETOXYGENE - 70 MINS

From €130

Deep facial hygiene, with extraction + massage. Frees the skin from toxins and contamination, balancing Ph. Moisturizes and repairs the deepest tissues of the skin.

FACIAL MASSAGE WITH FACIAL REFLEXOLOGY - 60 MINS

From €100

Relieves tension and stress in the facial and neck muscles, providing a pleasant sensation of well-being and a soft and relaxed look.

Request prices for longer treatment time.

Travel charges will be added to some treatments taking place at a villa property, please ask for more details. Reservation and cancellation policies apply.

For details or to book a treatment contact MPO.

Phone: +44(0)1335 330169 / Whatsapp: +34 648 954 603 enquiries@menorcaprivateowners.co.uk